

Cross de Bolbec 2024

Dimanche 24 novembre



Stade Tetlow,
Entre 9h45 et 13h30

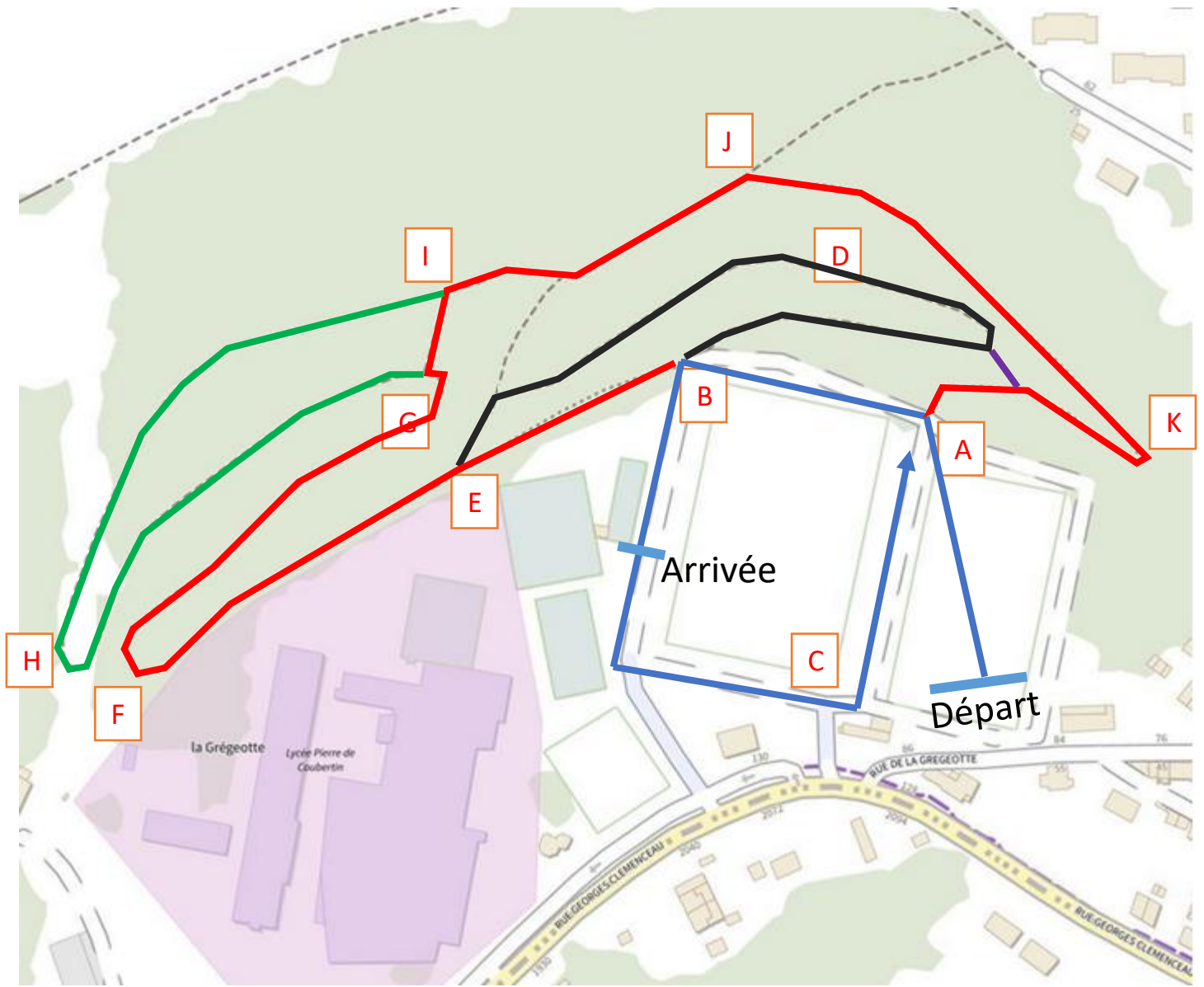
Même lieu
Nouveau parcours
Programme condensé



Infos, règlement et primes : www.gabsite.fr

Inscriptions : crossdebolbec@gabsite.fr

Vue Globale





Cross de Bolbec 2024

Dimanche 24 novembre

Horaires et Parcours

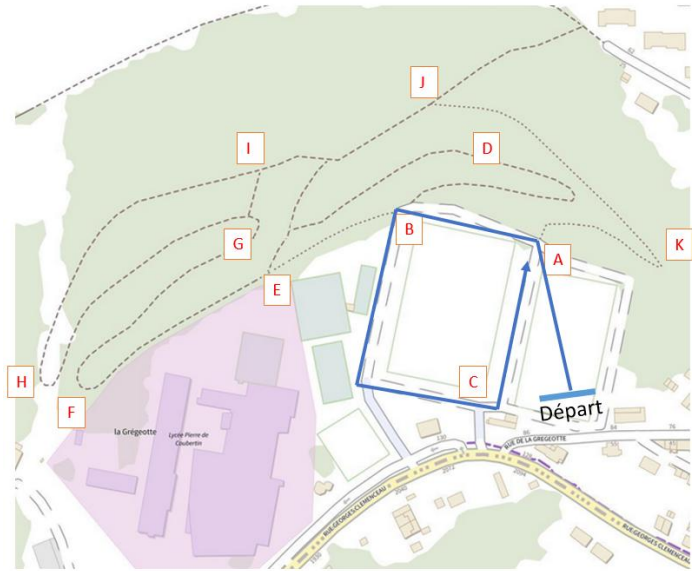


| Programme | Denivelé | 0 | 10 | 20 | 25 | 40 | 0 | | |
|-----------|-----------------|--------|-------------|---------------|----------------|---------------|---------|----------|----------|
| | Distance | 500 | 400 | 950 | 1350 | 1850 | 225 | | |
| Horaires | Catégories | Départ | Mini-boucle | Petite Boucle | Moyenne Boucle | Grande Boucle | Arrivée | Distance | Dénivelé |
| 9h45 | Course Open | 1 | | | 1 | 3 | 1 | 7625 | 145 |
| 10h30 | POF et POG | 1 | 1 | | | | 1 | 1125 | 10 |
| 10h45 | BF | 1 | | 1 | | | 1 | 1675 | 20 |
| 11h00 | BG MF | 1 | | | 1 | | 1 | 2075 | 25 |
| 11h15 | MG CF | 1 | | 2 | | | 1 | 2625 | 40 |
| 11h35 | CG JF ESF SF MF | 1 | | 1 | 1 | | 1 | 3025 | 45 |
| 11h55 | JG ESH SH MH | 1 | | | 1 | 1 | 1 | 3925 | 65 |
| 12h20 | ES S F | 1 | | 1 | | 2 | 1 | 5375 | 100 |
| 13h00 | ES S M | 1 | | | 1 | 3 | 1 | 7625 | 145 |

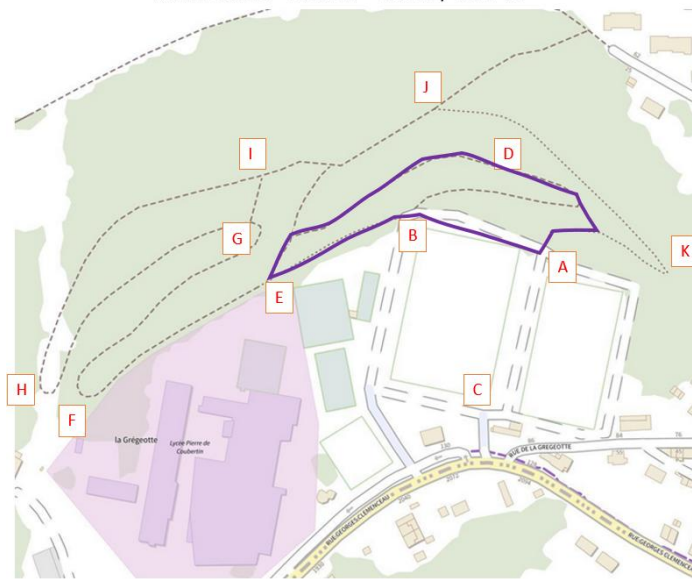
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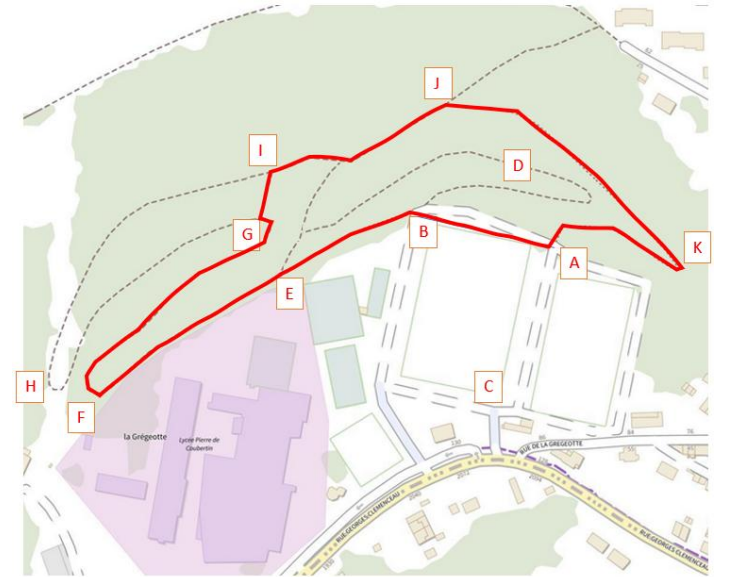
Départ ABCA = 500m



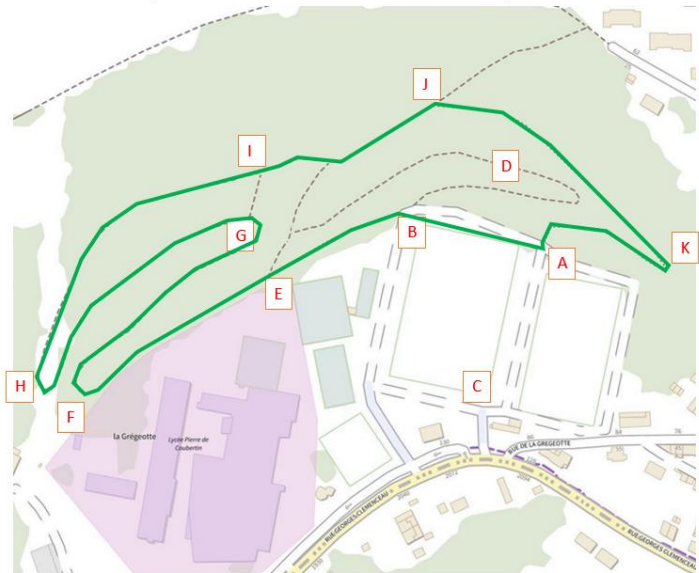
Mini-Boucle = ABEDA = 400 m / 10m D+



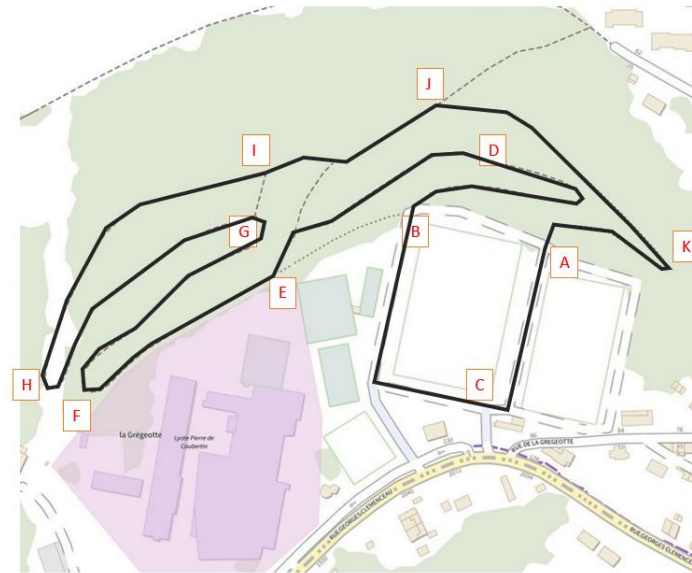
Petite Boucle = ABEFGIJKA = 950 m / 20m D+



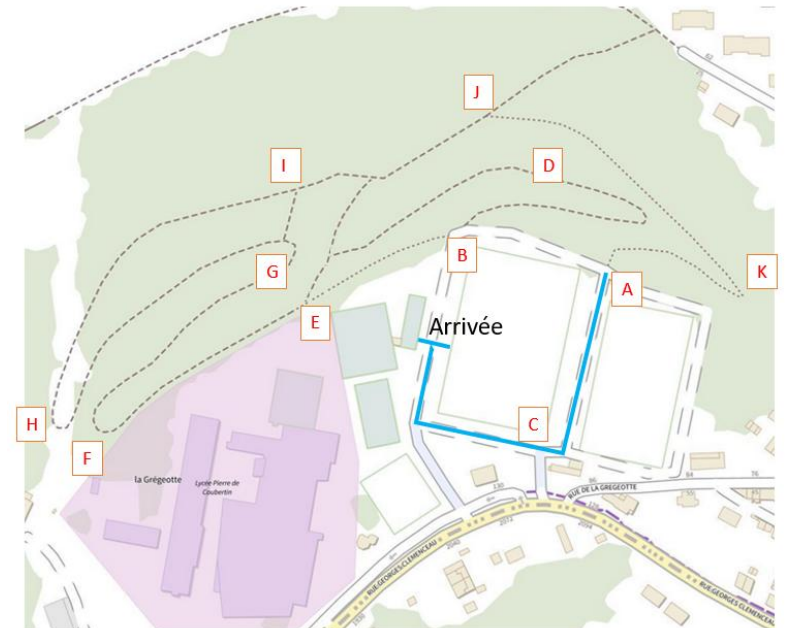
Moyenne Boucle = ABEFGHIJKA = 1350 m / 25 D+



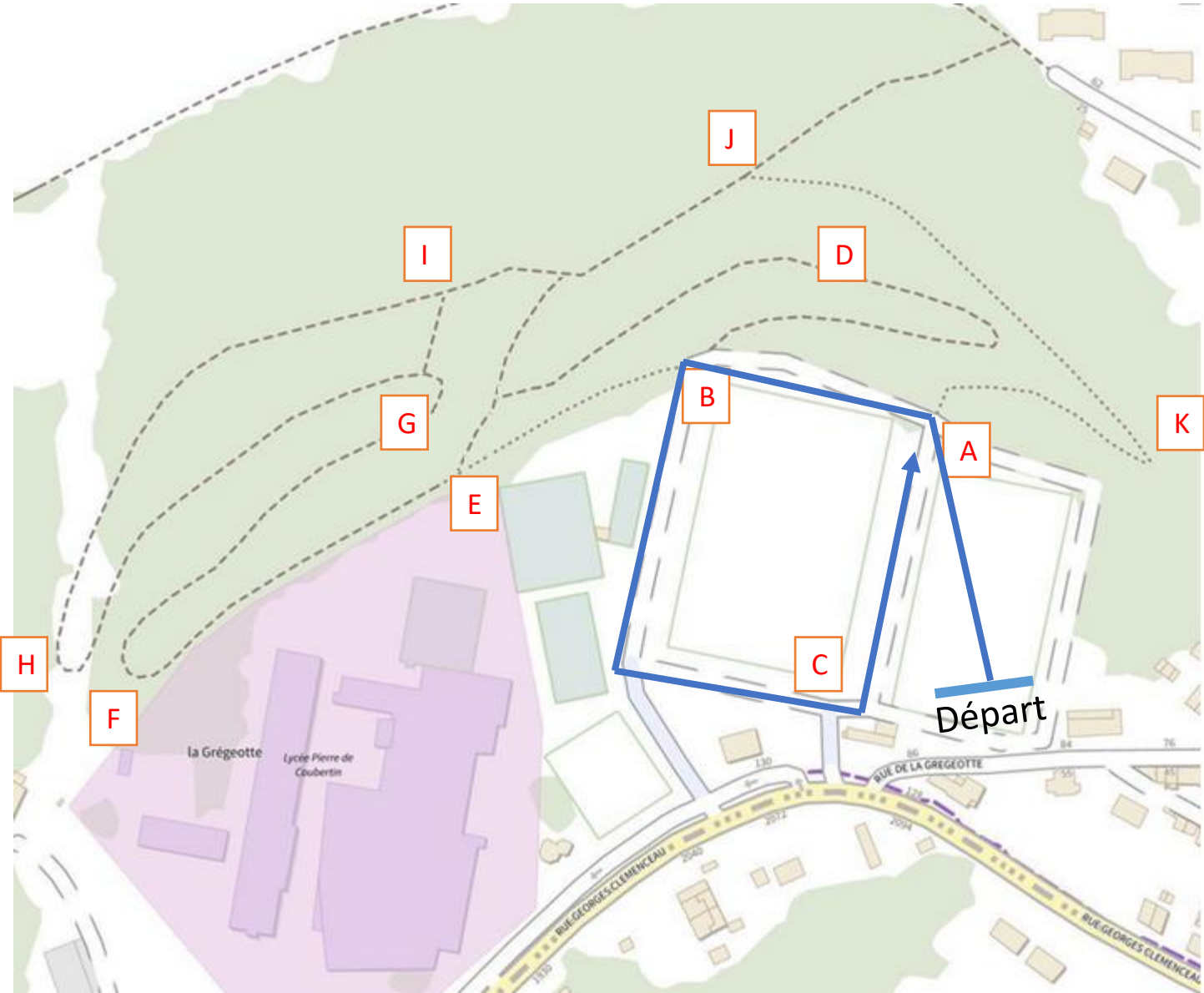
Grande Boucle = ACBDEFGHIJKA = 1850 m / 40 D+



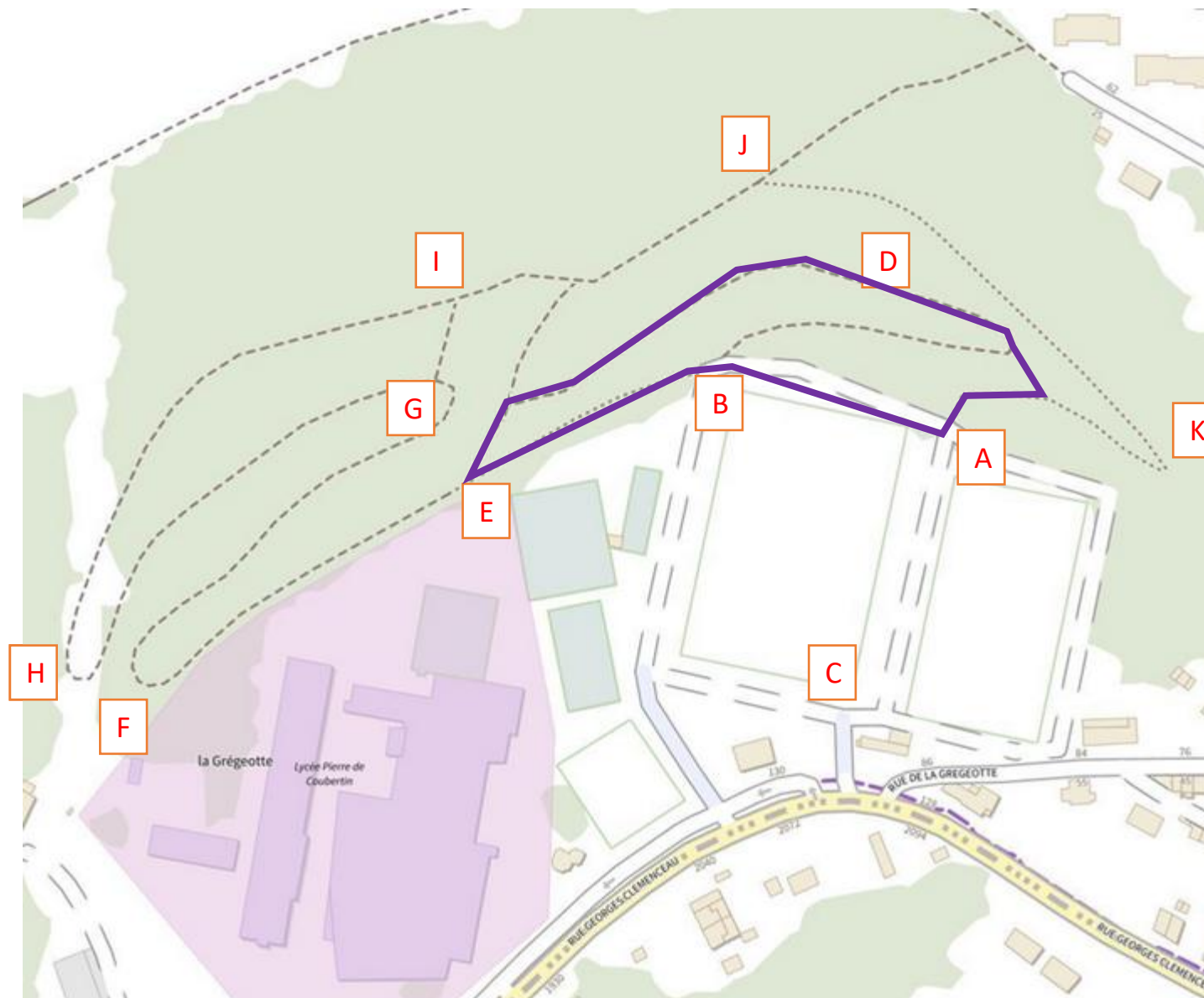
AC Arrivée = 250m



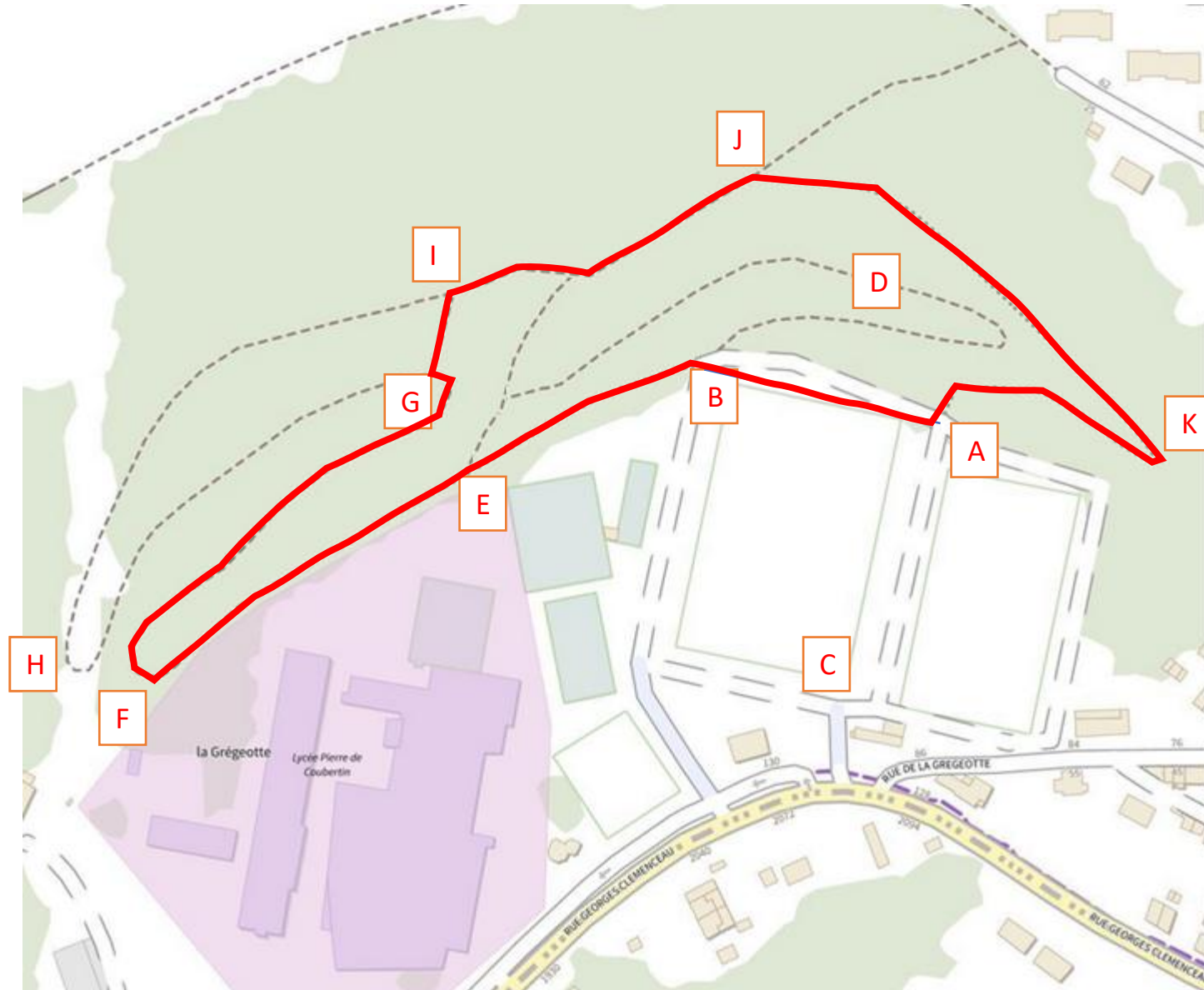
Départ ABCA = 500m



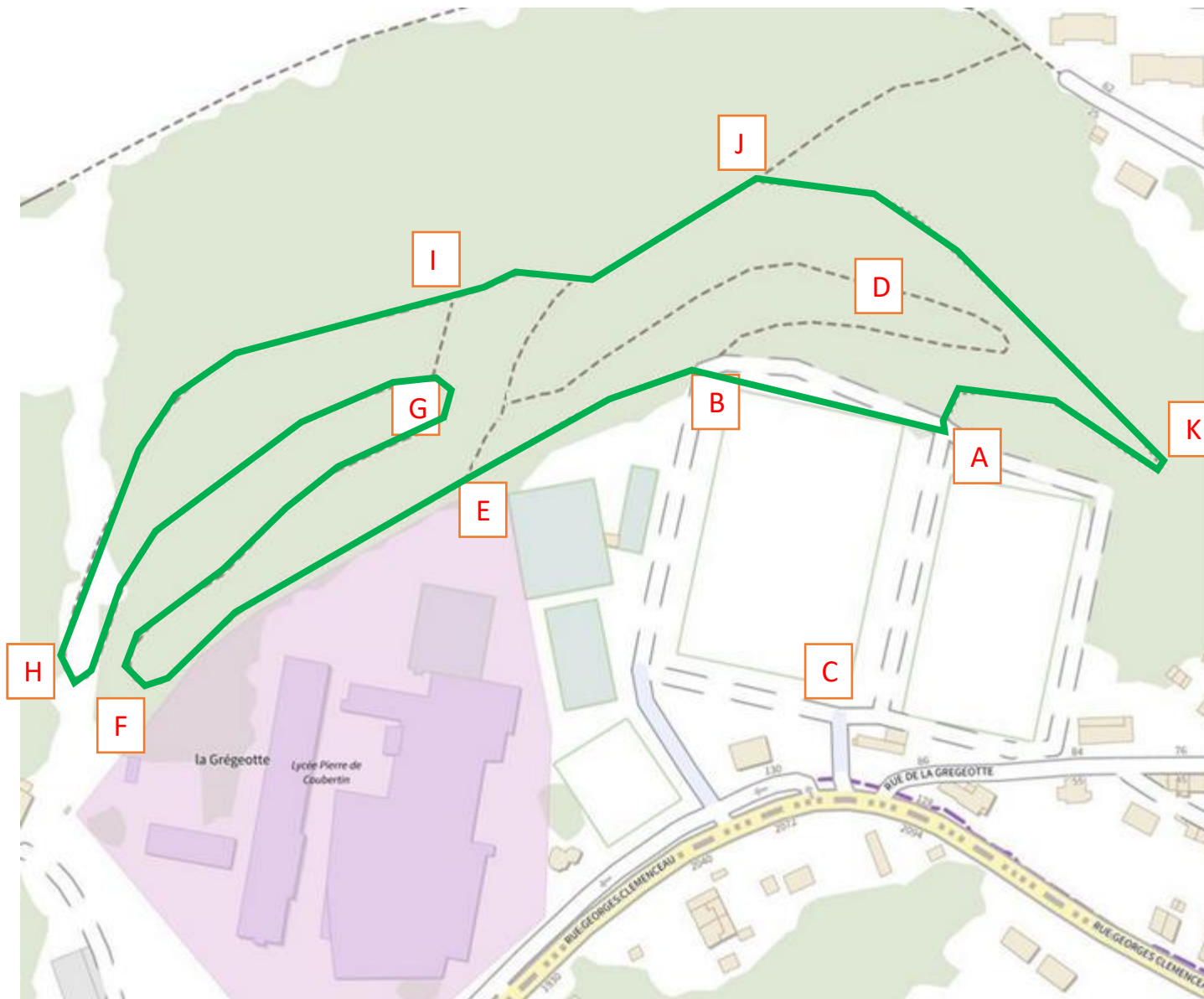
Mini-Boucle = ABEDA = 400 m / 10m D+



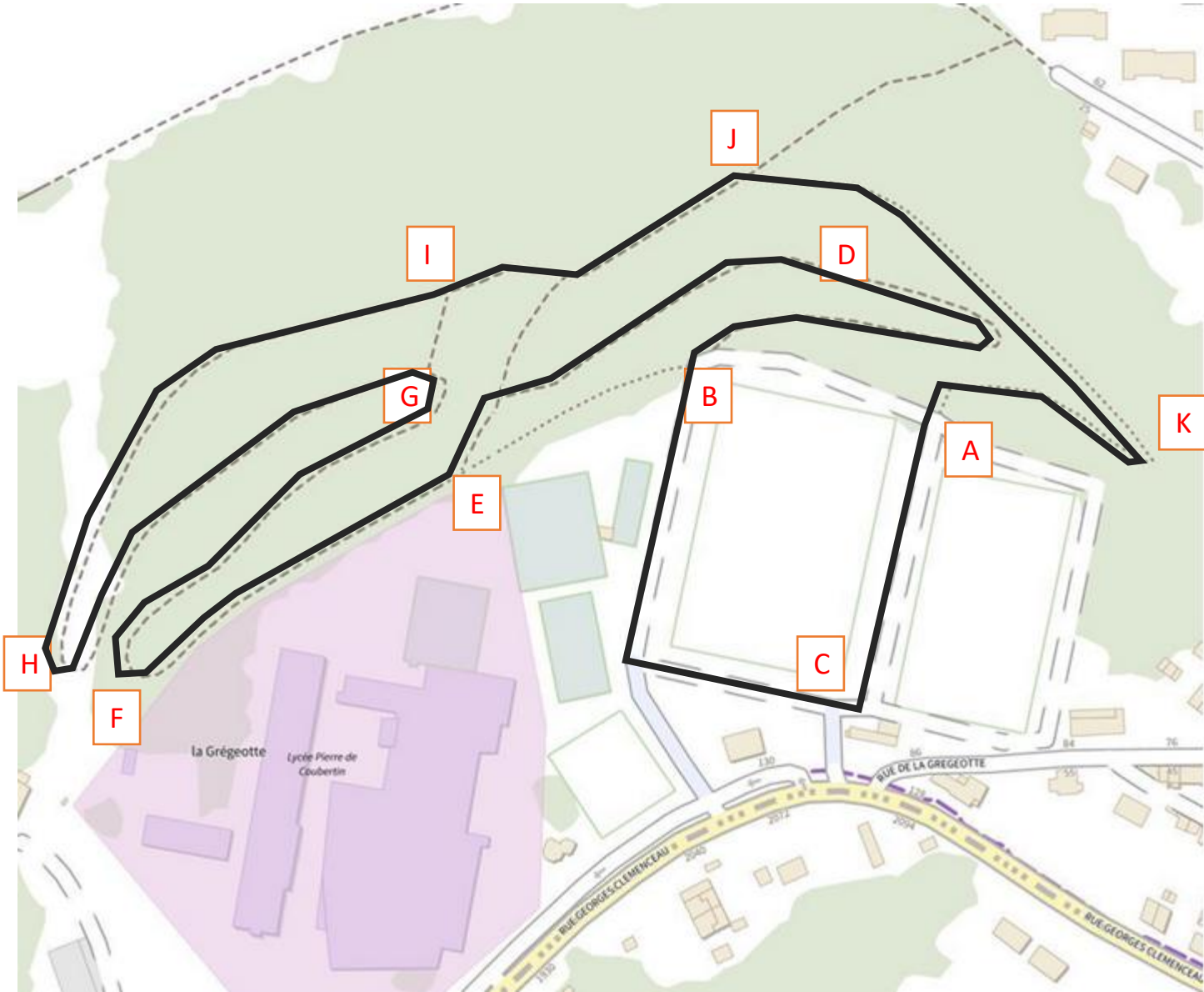
Petite Boucle = ABEFGIJK = 950 m / 20m D+



Moyenne Boucle = ABEFGHIJKA = 1350 m / 25 D+



Grande Boucle = ACBDEFGHIJKA = 1850 m / 40 D+



AC Arrivée = 250m

